

Understanding and Nurturing New Earth Children: A Holistic Approach

My name is Tenzin Choedon. As a spiritual guide and intuitive healer, I provide a different perspective and bring awareness to the spiritual wisdom of exceptional children. My journey of working with New Earth Children and their families has shown me that these remarkable souls require a unique approach, one that honors both their earthy needs and their higher purpose.

What to Expect

My highest intention is to offer a comprehensive approach to understanding and nurturing New Earth Children, whether your child has been diagnosed with autism spectrum disorder, labeled as highly sensitive, or simply seems different from their peers. I can help navigate the common challenges parents and children are facing. We can explore together how to support your child's development while honoring their special gifts, understand your child's unique spiritual and energetic nature, and how to create an environment where your child can thrive.

The Evolution of Understanding

"Within the past 20 years, different generations of children have entered the world with amazing new characteristics. They have become recognized as New Children." - Jennifer Crews.

We first recognized spectrum children in the mid-1930s, and it has become more prominent since the 1960s. Now, one out of every 150 children is being labeled with Autism spectrum disorder. The medical field has provided this label to better understand these children's nature, so parents, teachers, and others who interact directly with these beautiful children will have the right tools to bring normalcy to their environment. But we must ask ourselves: How are we perceiving these children? Are we seeing them through the lens of limitation? When we ask these questions, we realize that to provide proper guidance to the children, it is important to understand their subtle nature, which means tapping into their spiritual aspect.

Beyond the Physical: Understand Our Spiritual Nature

We have to understand that before the language we speak, before the human conceptual mind, our very nature is spiritual, and it still is, though it has become diluted as we experienced the duality of physical reality. When we talk about spiritual, we are tapping into subtle realms, and that's where our intuitive field comes into play.

In the spiritual world, these beautiful children are given different labels such as Indigo, Rainbow, and Crystal children. These labels are assigned based on the unique signatures and templates the children bring with them, such as the color of their aura - Indigo children have a blue tone in their auric field. We must understand that New Earth Children can be any child, and they are not required to have a medical diagnosis.

The Evolutionary Shift in Human Consciousness

Humanity has been experiencing an evolutionary shift into higher consciousness for the last few decades. Think of higher consciousness as a rubber band. We have been stretching this

rubber band with each generation, and each stretch gives us an opportunity to feel the higher energetic pulse, making us realize there is more to life than what it appears to offer. In other words, it gives us an opportunity for self-inquiry: WHO AM I?

When the band of human consciousness is ready to stretch to a new height, the children from the higher consciousness arrive on our planet to assist humanity in reaching their full potential on their spiritual awakening journey or ascension path. New Earth Children are here to create:

- New visions
- New creation
- New ways of being
- New ways of communication

The Mission of New Earth Children

With their unique template and characteristics, they all came with the same blueprint of unity consciousness. These children are from higher consciousness, but we must understand that they are here to have a human experience as well. So they are far from being in a zen mode because they are here to dismantle the existing system, as their new vision and new creation for humanity cannot be built on the old ways and dualism.

They will challenge the belief systems you are carrying within.

When these beautiful children come into your life, the family dynamic will shift, and if parents are receptive to their energetic resonance, it will slowly open up your energetic system by shifting your inner being first. The way you think about yourself, belief systems, and any unprocessed emotions within are being forced to be seen and healed.

Understanding the Ten Essential Systems

I have noticed that New Earth Children have one prominent thing in common. They are hypersensitive to their environment, i.e., people, places, things, sounds, smells, and very sensitive to certain foods. Being sensitive plays a key role in navigating their lives and bringing balance to their homeostasis.

Jennifer Crews, a child intuitive in professional practice with a background in pediatric speech-language pathology, has identified ten subtle systems that contribute to New Earth Children's wellbeing. When these systems work in harmony, children thrive. When one or more systems become unbalanced, challenges arise.

1. The Immune System

The immune system reflects the current state of health and the ability to maintain health and fight off foreign bodies. New Earth Children typically present in two ways:

- Very fragile and hypersensitive with vulnerable immune systems
- Extremely strong with solid and resilient constitutions

Their immune systems are uniquely attuned to:

- Family emotional states
- School
- Community distress
- National or global situations

2. The Digestive System

New Earth Children's digestive systems are particularly sensitive to dense foods with many chemicals. They possess:

- Natural awareness of dietary needs
- Strong food preferences
- Intuitive eating patterns
- Clear body signals

Many will:

- Avoid certain food groups naturally
- Show early signs of dietary discrimination
- Maintain consistent preferences
- Demonstrate strong reactions to unsuitable foods

Please trust your child's natural food preferences while ensuring nutritional needs are met through acceptable alternatives.

3. The Nervous/Regulatory System

In our stimulation-rich world, the nervous system becomes a crucial factor for New Earth Children.

Signs of nervous system involvement include:

- Heightened sensitivity to the environment
- Strong reactions to stimuli
- Need for recovery time
- Clear patterns of overwhelm and regulation

The most "acting out" or behavioral issues are directly correlated with sensory overload in the nervous system from the environment they are in because they interact with the energy world with their nervous system before they interact directly with the physical world.

Recommended Environmental Adjustments:

- Reduce electronic stimulation
- Limit screen time
- Use natural lighting
- Place Himalayan salt lamps in the child's bedroom and common areas
- Create quiet spaces at home (mindful of noise levels from TV or music)

4. The Relational System

Their relational system operates on vibrational frequency rather than common interest. The key characteristics include:

- Deep intuitive understanding
- Ability to sense others' intentions
- Strong urgency of authenticity
- Clear preferences in relationships based on vibrational level

Most of the New Earth Children struggle in the traditional school system because of these key characteristics. This gift of a highly tuned relational system requires parents and teachers to be integrated and authentic within themselves as well as with others. These children can see deception, bribery, and distraction quite acutely, and it is important to honor this. If they are uncomfortable around someone or some situation, it is their relational system telling them to pay attention, and this can be astoundingly accurate.

5. Self-Expression/Communication

Acknowledging your children as their own individual beings can shift the lens through which you look at your children, which will allow a new way of communication between children and parents or any professional associates directly with kids of learning age.

Acknowledging their self-expression and communication plays a significant role in the well-being of each child. "How are you today?" will not apply to new children. Some of them may not talk at all and will be labeled as nonverbal. Others will only say a few words or short phrases or repeat what others are saying.

New Earth Children often have their own unique forms of communication and self-expression:

- Intuition and energetic telepathy
- Visual Art
- Movement-based expression
- Music
- Rhythm
- Dimensional communication

It is these new communication methods that will eventually replace verbal patterns and become the most widely accepted forms of communication. However, currently, we are conditioned to believe that verbal communication is the only comprehensive and effective form, and this belief limits these new children.

Some children are not ready to speak the human language and may be labeled as having speech delays. However, they do interact in their own way of communication. It could be because they are still talking in the language of higher consciousness (dimensional communication) where they are from, but eventually, they will talk in the human language when they are ready to speak. Children who are labeled as hyperactive have their own way of processing the information around them, but it will not come in the form of sitting down and engaging in conversation; it will come in the expression of body movement. They are very much aware of their environment, although they are hyperactive. So these beautiful children are teaching us to think outside the box.

6. Body Rhythm Cycles

Each child has their own natural rhythm for:

- Sleep patterns
- Energy levels
- Learning windows
- Social interaction
- Recharge time

Pay attention to the body cycle of your child. When are they most productive? When do they need space and alone time to recharge their energy? Learn your child's cycle and honor it. You can work within their cycle, and you will be amazed at how much easier your relationship will flow if you do this. Most importantly, don't over-schedule your children's activities because it will throw them off balance with their nervous system.

7. The Perceptual System

This system relates to heightened sensory awareness:

- Enhanced physical senses
- Extra-sensory perception
- Vibrational awareness
- Intuitive knowing

The Perceptual system is directly related to the senses. The new children require integration of all their senses to feel safe and good within their bodies. They typically have one or more senses that are more powerful and heightened compared to the average person. One child might see the grains of wood in a kitchen table, while another may hear a spider crawling in the corner of the room or the hum of street lights in a parking lot. They also have an awareness that goes beyond the traditional five senses to encompass vibrational knowing, intuitive knowing, and energy awareness. They sense vibration of physical or non-physical ten times more than a normal child, so some children can just touch an object and intuitively pick up information from it.

8. Energy Awareness

Understanding invisible energies through:

- Feeling energy fields
- Sensing intention
- Working with subtle forces
- Manipulating energy

Energy Awareness is the feeling, sensing, and acute knowing of energy that is invisible. This energy has a wide variety of different vibrational qualities and underpins everything that exists in the physical world. The new children understand that everything inherently vibrates at certain frequencies. For us, it is just a thing, but for them, they go beyond the resonance of the object to get information from it. Some New Earth children are drawn to animals and able to communicate with them.

It is important to recognize that many of the new children will be geniuses in understanding and using energy.

9. Grid Awareness

- Pattern recognition
- Global consciousness
- Energy network awareness
- Planetary connection

The planet Earth is covered with an energetic grid, like a subtle and invisible kind of global Internet, which connects us all. The new children who persevere with lining up their trains and toys and lie on the floor to follow the lines they have created are mimicking the planetary grid. They feel the grid, and sometimes they see it. Some even use it to communicate with children on the other side of the world. The grid plays a dominant role in their emotional states because they feel what is happening all over the world through being connected to the grid. Some also work with the Earth's grid system energetically to heal the collective consciousness or put new information into the grid system.

10. Nature Connection

Deep relationship with the natural world, including:

- Element affinity
- Plant communication
- Animal communication
- Earth sensitivity

Nature promotes peace, helps ground their energy, and regulates their nervous system. Their sensitivity helps them become so in-tuned with nature and its wisdom. They innately know

how to connect and interact with nature and animals, so they understand that nature is an essential aspect of ourselves and could be deeply connected with the elements of nature. They understand that our connection to nature will teach us oneness and unity consciousness with all there is because nature is the oldest being on the planet Earth.

Practical Applications for Parents and Caregivers

Daily Support Strategies

- Check energy levels
- Set intentions for the day
- Create quiet time
- Honor natural rhythms for your child

Throughout the Day

- Monitor environmental stimuli
- Provide nature breaks
- Allow processing time
- Support unique communication

Evening Wind-Down

- Energy clearing
- Gentle transition activities
- Calming practices
- Sacred space creation

Creating Supportive Environments

Physical Space

1. Dedicated quiet space
2. Natural materials
3. Minimal electronic exposure
4. Access to nature
5. Personal retreat space

Emotional Space

1. Acceptance of unique expression
2. Honor sensitivity
3. Allow processing time
4. Validate experiences
5. Support energy awareness

It is important to have awareness of the ten systems, as it is fundamental in promoting balance, peace, and overall well-being of your child. It takes deeper listening and awareness of the subtle nature of your child.

As we are shifting rapidly due to spiritual awareness and higher consciousness birthing on planet Earth, my purpose is to serve as a bridge between parents and children, helping families navigate this sacred journey while unlocking their children's extraordinary potential. I look forward to supporting you as you choose to see yourself and your children from a new

paradigm. We are here to co-create with New Earth Children's new ways of being, new vision, and new creation. It will be an honor to be at your and your children's service.

Ready to Begin Your Journey?

As a compassionate healer and guide, I offer personalized sessions designed to support both New Earth Children and their families. Through a unique combination of energy work, mindful practices, and gentle guidance, I help create harmony between children's extraordinary gifts and their everyday experiences.

My sessions provide a safe, nurturing space where children can be authentically themselves while parents learn to better understand and support their unique needs. Whether you're seeking to better understand your child's exceptional abilities, create a more supportive environment at home, or strengthen your family's connection, I'm here to help.

I also offer complementary services including pet communication and BioCharger therapy, recognizing that wellness and harmony extend to all aspects of family life. Take the first step in unlocking your child's extraordinary potential and creating a more harmonious family dynamic by scheduling a session today. Together, we can honor your child's unique journey while building a foundation for growth, understanding, and authentic expression. Contact me to learn more about how we can support your family's transformation and celebrate the special gifts your child brings to the world.

You can find more about the services I provide at Compass Rose Healing Arts or remotely by [clicking this link](#).

I look forward to working with your beautiful family!